

The Power of You.

When you work out, a treadmill or weights are simply tools. You put in the work and you stick with it to see results.

It is the same with Prism. You will come to the clinic for 15 Prism sessions and continue to practice your mental strategy in daily life. Once you can use this mental strategy at will, it will become second nature, automatic and a part of you.

Prism Works

In the multi-center clinical study, 67% of patients showed clinically significant symptom improvement, three months after completing the standard 8-week Prism protocol.

Safety information

The most common side effects experienced by subjects were mild, such as headaches, dizziness, and fatigue, which resolved on their own after the end of the session without intervention.

FDA Indication for Use:

Prism is a neurofeedback software device intended for relaxation and stress reduction through the use of EEG biofeedback. The device is indicated as an adjunctive treatment of symptoms associated with posttraumatic stress disorder (PTSD), to be used under the direction of a healthcare professional, together with other pharmacological and/or non-pharmacological interventions.

Back to Better with
Prism for PTSD™



GrayMatters
Health

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FDA-cleared
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Struggling with symptoms following a traumatic experience?

There is a way Back to Better with Prism for PTSD. Prism is the first and only self-neuromodulation treatment FDA-cleared to treat your PTSD.

Whether you are a survivor of sexual assault, serious accident, major illness, natural disaster or are a Veteran, Prism may be a treatment option to discuss with your healthcare provider.

How does Prism help you?

Did you know that deep in your brain there is a small area called the **amygdala**? It is the control center of our fight-flight-freeze response, which kicks in automatically when we are in stressful situations. For people living with PTSD, the amygdala is in high gear causing the symptoms you experience.

Prism's core technology is a proprietary digital brain biomarker, developed by applying advanced statistical models to register fMRI amygdala data to EEG. Prism uses this amygdala-based biomarker to help you learn to actively control the brain activity associated with your PTSD symptoms, guided by a trained healthcare professional.

"I feel that I automatically respond better."

PTSD subject

"I feel an immediate improvement after practicing my mental strategy and am motivated to do things, like cook and work out."

PTSD patient

How is Prism different?

Prism is a prescription treatment that does not require taking additional medications or talking in detail about your traumatic experience. What makes this treatment unique is that it is powered by you.

Prism will help you explore personal memories, emotions or experiences that make you feel calm and safe. We call this a mental strategy.

In the clinic, you will sit in a quiet room, and watch a computer simulation with animated characters, called avatars. A soft EEG headset will be placed on your head.

Prism reads the signal from the EEG headset and computes the amygdala-based biomarker. As you engage in a mental strategy that lowers the level of the amygdala-based biomarker, the avatars will gradually sit, stay seated and quiet down. You may need to try a few different strategies to find the one that works for you. Yes, you can do it!



The Prism Experience!

Personalized experience

Non-invasive

No trauma exposure

Safe and effective